



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Lifeguard and CPR Certification Headquarters

The YMCA of Eastern Union County is pleased to offer American Red Cross Certification courses in Lifeguarding, CPR, First Aid, AED and Oxygen Administration. Courses are offered throughout the year.

American Red Cross Lifeguarding

This course includes Lifeguarding, CPR, First Aid, AED and Oxygen Administration. A pre-test, which includes a 300 yard swim, will be administered on the first day of class to determine eligibility to the program. 100% attendance is mandatory for this course. Participants must be 15 years of age to register.

American Red Cross Lifeguard Recertification Course

Renew your Lifeguard certification with this one day course and test.

American Red Cross Community CPR and First Aid

Let the YMCA support you in being ready for an emergency. This course teaches participants life-saving techniques and what to do in an emergency situation. Participants must be 16 years of age to register.



Contact

Ellen Daudelin Five Points Branch, Aquatics Director 908-688-9622 or edaudelin@ymcaeuc.org
Ed Soder Rahway Branch, Aquatics Director 732-388-0057 or esoder@ymcaeuc.org

YMCA OF EASTERN UNION COUNTY

Five Points Branch – 201 Tucker Ave, Union or Rahway Branch 1564 Irving Street, Rahway
www.ymcaeuc.org