



GYM SCHEDULE

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00-9:00am Open Gym	5:30-8:45am Open Gym	5:30-8:45am Open Gym	5:30-8:45am Open Gym	5:30-8:45am Open Gym	5:30-9:00am Open Gym	8:30-9:30am Full Gym Youth Basketball
9:15-11:45am Full Gym *Pickle Ball	9:00-9:45am Full Gym Senior Action	9:15-10:15am Full Gym Arthritis Program	9:00-9:45am Full Gym Senior Action	9:15-10:15am Full Gym Arthritis Program	10:00-11:30 Gym B Child Care	9:30-10:30am Full Gym Pee Wee Basketball
11:45-2:45pm Full Gym *Adult Basketball	10:15-1:15pm Full Gym *Pickle Ball	10:30-11:30am Full Gym Tai Chi	10:00-11:30 Full Gym Preschool	10:30-11:30am Full Gym Tai Chi	10:15-11:00am Gym A Preschool Sports Sampler	10:30-11:30am Full Gym Pee Wee Soccer
2:45-5:45pm Full Gym *Adult Volleyball	1:15-3:00pm Full Gym Open Gym	11:30-3:00pm Full Gym Open Gym	11:30-3:00pm Full Gym Open Gym	11:45-1:45pm Full Gym *Pickle Ball	11:30-3:00pm Full Gym Open Gym	11:45-12:30pm Full Gym Tae Kwon Do
	3:00-5:00pm Full Gym Teens	3:00-5:00pm Full Gym Teens	3:00-5:00pm Full Gym Teens	1:45-3:00pm Full Gym Open Gym	3:00-5:00pm Full Gym Teens	1:00-2:00pm Full Gym Gymnastics
	5:30-6:15pm Full Gym Pee Wee Sports Sampler	5:30-6:30pm Full Gym Fun Fitness Workout	6:00-7:00pm Gym A Gymnastics	3:00-5:00pm Full Gym Teens	5:00-5:45pm Full Gym Rookie Sports	2:45-3:45pm Full Gym Pee Wee Basketball
	6:30-7:30pm Full Gym Youth Soccer	6:45-7:45pm Full Gym Teen Dodgeball	6:30-7:15pm Gym B Tae Kwon Do	5:30-6:30pm Full Gym Fun Fitness Workout	6:00-7:00pm Full Gym Family Fitness & Fun	3:45-6:30pm Full Gym **Adult Basketball
	7:30-8:45pm Full Gym *Adult Soccer	7:45-9:45pm Full Gym *Adult Basketball	7:15pm-8:30pm Full Gym *Pickle Ball	6:30-7:30pm Full Gym Youth Basketball	7:00-10:00pm Full Gym Teen Night	**6:30-8:00pm Full Gym Teen Basketball
	8:45-10:00pm Full Gym *Adult Volleyball		8:30-10:00pm Full Gym *Adult Basketball	7:30-9:45pm Full Gym *Adult Soccer		** The second Saturday of every month, Family Night is in the gym from 5-8pm.

Spring I

*Adult Sports are open to members 18+. Guest Fees Apply. Members Only on Wednesdays.

Schedule is subject to change.

3/10/12