



STUDIO SCHEDULE

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:15-11:00am Project Healthy Bones	7:00-8:15am Chopra Yoga	9:35-10:20am Dance (Ages 4-5)	7:00-8:15am Chopra Yoga	9:00-9:45am Line Dance	9:15-10:00am Dance (Age 3-6)
	11:45-12:30pm Line Dance	8:30-9:15am Dance Party	10:40-11:25am Dance (Ages 3-4)	8:30-9:15am Zumba Gold	10:15-11:00am Project Healthy Bones	10:00-10:45am Dance (Ages 4-5)
	3:30-4:00pm Tae Kwon Do	9:15-10:00am Kids Yoga	5:30-6:15pm Dance (Ages 3-4)	10:15-11:00am Dance (Ages 4-5)	5:30-6:15pm Dance-Ballet (Age 6)	11:00-11:45am Dance (Ages 3-4)
	5:30-6:30pm Dance (Age 7)	5:30-6:15pm Teen Yoga	6:15-7:00pm Dance (Ages 4-5)	5:00-5:45pm Teen Hip Hop	6:30-7:15pm Dance-Tap (Age 6)	11:45-12:30pm Zumba for the Family
	6:30-7:30pm Adult Tap	6:15-7:00pm Dance (Ages 4-5)				12:30pm-1:15pm Tae Kwon Do
	8:30-9:30pm Private Adult Dance Lessons	7:00-8:00pm Adult Ballet				
		8:00-9:00pm Adult Jazz				