

Rahway Branch

Facility and Program Services

Facility Highlights

- **25 Yard, 6 Lane Indoor Heated Pool**
- **New Cardio Center With State of The Art Equipment**
- **New Strength Training Room**
- **Full Weight Room**
- **Basketball Gym**
- **Cycling Studio**
- **Dance and Fitness Studio**
- **3 Multi Purpose Rooms**
- **5 Artist Lofts**
- **Men's and Women's Locker Rooms**
- **2 Family Locker Rooms**

Program Areas

- **School Age Child Care – AM Care, Afterschool, and Summer Day Camp**
- **Youth and Teen Sports and Dance Programs**
- **Adult Group Exercise Classes**
- **Adult and Youth Swim Lessons**
- **Swim Team**
- **Personal Training**
- **Sports Performance Training**
- **Aqua Fitness Classes**
- **Arts Classes**