

# **Rahway Branch**

## **Facility and Program Services**

### Facility

- 25 Yard, 6 lane, Indoor Pool
- Health and Well-Being Center
- Weight Room
- Cardio Room
- All Purpose and Studio

### Program Areas

- School Age Child Care –After School and Summer Day Camp
- Youth & Teen Programs
- Adult Group Exercise Classes
- Adult and Youth Learn to Swim
- Sports Performance Training
- Personal Training
- Aqua Fitness Classes